

THE EFDB NEWSLETTER

The visit of Alexandre, paralympic athlete

In January, the Elementary school had the honour to welcome Alexandre Allemang, a kayaker currently preparing his selection to the Paris Olympic Games. In spite of a serious accident when he was 22, in which he lost half of a leg, Alexandre still became a ParaCanoe champion multiple times. He even became champion of France and champion of Europe, making the admiration of all the classrooms.



Pour les CM1
de l'école Française
de Bâle

Sportivement,
Alex

Road to Paris

His visit was the opportunity to ask multiple questions from kayaking techniques to competitive mindset, or again about the personal challenges he had to overcome. Each answer of the kayaker was received with a lot of admiration and spontaneous applause.



This event left an indelible mark in the school, reminding to all that determination can win in the face of adversity. It has been an educational and inspiring experience for all the students. We are very proud to have had the opportunity to welcome such a champion in our community.

30 min of sport daily



The operation "30 minutes of sport daily" put in place by the National Education aims at encouraging students to have a healthy lifestyle. Each classroom commits to include these 30 minutes of physical activity in its daily routine, be it in the classroom or at recess. This initiative helps not only with the physical health of the students, and it also contributes to improve their ability to focus and their overall well-being. By integrating sport in the school environment, physical education becomes an essential element of the day, encouraging children to develop habits to lead active and balanced lives from a young age.

International Equestrian Jumping



This year again, the EFDB students were invited to the International Equestrian Jumping. On Thursday 11 January, the CE2 and CM2 (3rd and 5th grades) went to the « St. Jakobshalle » to enjoy the show. As impressive as ever, children and grown-ups were captivated by the prowess of horses and horse riders.

Here is the feedback of a student of the CE2 (3rd grade) : « On Thursday 11 January, my classmates and me went to see an Equestrian Jumping - Longines CHI Classics at the St-Jakobshalle of Basel. We saw flags from different countries. There were horses jumping above the obstacles. I really liked it because it was impressive and because I love horses. »



« Sport is an art ! »

In January, in the context of the project in flight in all the classrooms at the Maternelle "Sport is an art!", the children went to discover acrosport. They trained to perform figures alone, or by 2 or by 3.



In visual art, they made a human pyramid in the Keith Haring's way, an American painter, particularly famous for his colourful characters. For these creations, everyone can have his or her technique; in Petite Section, children used stencils, in Moyenne Section, they drew the outlines thanks to pre-cut templates, and in Grande Section, they called their characters.

Inter-cycle reading

Since last December, every Thursday afternoon, the CE1, CE2, CM1 and CM2 (2nd, 3rd, 4th and 5th grades) come and visit the CP (1st grade) for a reading session, thus creating a privileged moment of sharing and learning.



This innovative project aims at encouraging interactions between students of different classrooms, allowing to develop social skills and transfer of knowledge. Students from the higher grades become real mentors, guiding their younger friends throughout captivating pages of the books painstakingly chosen. The enthusiasm of the youngest is obvious, whilst they listen with attention to the stories read by the elder.

Holiday camp

The holiday camp of the winter holiday will take place between 25 February and 8 March 2024 at the Elementary school (Engelgasse 103, 4052 BASEL). Its themes will be around « the Carnaval » for the first week and « Super-heroes » for the second week.

The children will be able to create their own masks, to cook apple turnovers, to make a tipi, or to make a comic.

Do not hesitate to check the full programme on our website [Centre aéré - EFDB](https://www.centreaere-efdb.ch) and to sign up in advance via the dedicated email address: centreaere@efdb.ch.

Dates to remember

SEF conference with Gilles Kepel, Prophète en son pays : Monday 12 February 2024 at 18:15 at the University of Basel (Petersplatz 1, salle 120 ([sef-bale.ch](https://www.sef-bale.ch)))

Basel Fastnacht : Monday 19 February 2024 (day off)

Winter holiday: from Friday 23 February 2024 (end of day) to Monday 11 March 2024 (morning)

Expat Expo : Sunday 17 March 2024

140th anniversary : Saturday 22 June 2024